

## **Transition to Primary/Secondary support for parents**

Moving up and changing school is a big change for children and parents or caregivers. It's a new stage of growing independence and separation. Fears and worries are normal as well as excitement, as with each stage of childhood development. As parents, their role is to help children cope with and overcome their fears, to nurture them to feel brave and capable.

**As part of our parenting offer in Halton, we are excited to share that [www.inourplace.co.uk/moving-up](http://www.inourplace.co.uk/moving-up) is now live and ready for you to share with early years settings, schools and parents in your area.**

The 'moving up' hub includes new free video guides, relevant online course information and topical blogs for parents on preparing for new school transitions. With a focus on starting primary school and moving up to secondary school, ahead of primary school places being announced next week, these resources are designed to introduce the Solihull Approach and key concepts around childhood development and emotional health. **Please could the following be shared with parents/carers across your settings.**

This link is for Early Years settings to send to parents – [Preparing to 'move up': support for parents and families \(campaign-archive.com\)](http://www.inourplace.co.uk/moving-up)

This link is for schools to send to incoming reception families – [Preparing to 'move up': support for parents and families \(campaign-archive.com\)](http://www.inourplace.co.uk/moving-up)

This link is for schools to send to families who are moving up to high school – [Preparing to 'move up': support for parents and families \(campaign-archive.com\)](http://www.inourplace.co.uk/moving-up)

Solihull Approach online offers a range of free, evidence based programmes for all parents and carers in Halton, simply go to [www.inourplace.co.uk](http://www.inourplace.co.uk) and enter our access code TOGETHER. I have attached some information leaflets that can be shared with parents/carers in addition to the moving up hub information.

Please [see attached](#) supporting emotional health and wellbeing

Please [see attached](#) understanding your child from toddler to teenager

Please [see attached](#) understanding your child with additional needs

Please reach out directly if you need any more information

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