



# Halebank Church of England Primary School

## Child-Friendly Anti-Bullying Policy

At the heart of Halebank Church of England Primary School is a Christian family with one core purpose:



- ☺ Our school is a place where **everyone** has the right to **be themselves**.
- ☺ It's a place where everyone can feel **safe**, be **happy** and **learn**.
- ☺ Everyone at our school is **equal** and acts with **respect** and **kindness** towards each other.
- ☺ Our school is a **bully-free** place.

### What is bullying?

Bullying is when a person is hurtful or unkind to someone else, on purpose and more than once. Bullying can be done by one person or by a group of people and can be towards one person or a group of people. A useful way to remember bullying is

**SEVERAL TIMES ON PURPOSE**



- ☹ **Hitting** or saying you are going to hit someone
- ☹ **Touching** someone when they don't want you to
- ☹ **Calling someone names**, teasing, using rude language or saying nasty things about someone to them or to other people
- ☹ **Stealing or damaging** someone else's belongings

- ☹ **Ignoring** someone on purpose or leaving them out
- ☹ **Sending hurtful or unkind texts**, emails or online messages to someone or about someone



Bullying can be about:

- ☹ **Race** or **ethnicity** (racist bullying)
- ☹ **Religion** or **belief**
- ☹ **Family** and **culture**
- ☹ **Sexist bullying**, which is bullying

someone because of their gender. For example, because they are a boy or a girl, or saying they are acting 'like a boy' or 'like a girl'

- ☹ **Homophobic** or **biphobic bullying**. This is saying unkind or nasty things because someone is lesbian, gay or bisexual, or because you think they are, or because they have two mums or two dads. It is also calling someone lesbian, gay or bisexual on purpose to be unkind or nasty to them, for example 'you're so gay!'

- ☹ **Transphobic bullying**. This is saying unkind things because someone is trans, or because you think they are trans, or being nasty about trans people (someone who feels the gender they are given as a baby doesn't match the gender that they feel themselves to be).

If someone is being hurtful or unkind to you several times on purpose, for whatever reason, whether it is about you or your family or friends, that is bullying. No one should be picked on for being different in anyway, for how they act, what they look like or who their family are.



- ☹ **Special educational needs** or **disability**
- ☹ **What someone looks like**
- ☹ **Where someone lives**

### Why does bullying happen?

Although bullying doesn't happen very much at this school, it might happen. Bullies can be older or younger than you, bigger or smaller than you. Bullies pick on people who may be different in some way and try to make them feel worse about themselves.

If you are being bullied remember that it is **never your fault**.

## Where might bullying happen?



## What should I do if I think someone is being bullied?

- ✓ **Talk** to the person and ask if they're OK and try to find out if they are being bullied.
- ✓ If they are, ask if you can help them **talk** to a teacher or an adult they trust.

## What should I do if I'm being bullied?

If you are being bullied it is important to **tell someone you trust**. Tell an adult or friends, either at school or at home. If you have already told an adult about bullying you can still tell them again.

You can:

- ✓ **Tell** a teacher or a teaching assistant – this can be the staff in your own class or from another
- ✓ **Tell** one of our midday assistants: Mrs Boon, Miss Farrell and Mrs Delacoe
- ✓ **Tell** an adult at home
- ✓ **Tell** another member of your class who could help you talk to a member of staff

You can also write a note about the bullying in the 'bubble box' in your class.

You can also call ChildLine at any time for free on 0800 1111. They will not tell anyone else about what you have said.

## What should I do if I'm being bullied?

If you tell a teacher or an adult at school they **will** be able to help you. They may tell another teacher like your class teacher, or a parent or carer so that they can help you. **Telling an adult will never make the bullying worse**. They will talk to you and the bully to find ways to stop the bullying.